



How to use these resources



Towards Inclusive Practice is a project by Inclusion Australia, commissioned and funded by the Australian Department of Social Services.

It aims to provide advice to government on how to be more inclusive of people with an intellectual disability.

Together we developed resources to help people who work in government and other large organisations to find out about barriers to inclusion for people with an intellectual disability and to think about making changes in practice.





For Towards Inclusive Practice, we established a network of people with an intellectual disability across Australia to co-design the resources. This network is known as the Inclusion Advisors. We worked in an inclusive way with the Inclusion Advisors for a year to get all the information that forms the core of these resources.

The ways of working suggested in this project were used to create this project.

You will see and meet some of the Inclusion Advisors in this work through their quotes, photos, ideas or even in videos.



Together these resources form a helpful guide to improving government practice in being more inclusive and meeting the access needs of people with an intellectual disability.

This is intended to be a starting point.

Being inclusive is an ongoing process that involves continual learning, the input of people with an intellectual disability, and a willingness to do things differently. We hope you find these useful in your own practice or guiding teams and setting expectations in your organisation.





Topics

Inclusion Advisors and the project Steering Group worked together to decide on the most important topics to address over the year. These include:

- An introduction to inclusion
- Power and trust
- Accessible information
- Inclusive meetings
- Inclusive consultations
- Accessible processes and systems
- Including diverse people



Types of resources

Guides

The site includes a series of guides on specific topics to offer relevant information and advice. The guides explain what the topic is, why it is important and provides tips, strategies and examples to action.

The guides are supported by factsheets, reflective practice activities and a video.

They are a good place to start, especially if your role involves project planning and engagement.



Factsheets

Factsheets are intended to accompany the guides by summarising their key points. They include practical steps or tips to assist you to understand and implement inclusive practices. Use the factsheets as a refresher or guidance for each topic.





Videos: Power and trust

We have developed four short videos to help you think about power and trust when working with people with an intellectual disability.

Inclusion Advisors from around Australia share their reflections on power and experiences of how trust can be built. They include suggestions on how you use the power you have in your role to be more inclusive.



Watch the videos alone or with your team. How aware are you of the power you have? Do you use your power to make your work accessible and inclusive?

Tip sheets and reflective practice activities

One of the best ways to explore new ways of working is to reflect on previous engagement activity. Our tip sheets are designed to guide you on a reflective practice about being inclusive. They can be used individually, as a team, or as a training tool. Use them to evaluate a consultation, meeting or other activity you have recently completed.



